DECLARATION OF RECOVERY VALUES

We will treat people with kindness, dignity and respect.

We will strive to meet the highest possible standards in services and support.

We will include people who receive care in treatment decisions.

We will ensure an accessible and responsive process for concerns, questions and complaints.
Waypoint has a long and illustrious history in research and the Waypoint Research Institute strives to advance evidence-based mental health and addictions research. They are responsible for facilitating and administering research at Waypoint and support the researchers and their collaborators in any health profession in many ways, including providing guidance on research administration and ensuring adherence to policies and procedures.

Driven by the hospital’s core values caring, respect, innovation and accountability, the Institute contributes to the field of mental health by:

- Providing strategic leadership on research and academic issues;
- Facilitating innovative science and high quality applied research that align with Waypoint priorities;
- Fostering partnerships and research collaborations across Ontario, in Canada and internationally;
- Prioritizing knowledge translation that improves mental health and addictions care; and
- Offering mentorship opportunities for students and trainees in a unique facility.

Research conducted at Waypoint is published in leading peer-review scientific journals. You can also find out more from the Research Summaries on our website. Research Summaries provide brief, non-technical descriptions of projects conducted by the team and their collaborators and include take-away messages that highlight the clinical and policy implications of the research.
The Communications and Fund Development Office leads all internal and external communications as well as fundraising at the hospital.

The office is responsible community engagement and relationship building with stakeholders and partners, as well as the publication of a variety of hospital documents and the content on the internal and external websites.

Waypoint became a registered charitable organization in April 2009. Donations from past patients, family members, businesses and community organizations are both solicited and received by the Communication and Fund Development staff. Inquiries regarding donations and their use should be directed to this office.

All hospital-related media requests should be sent to the Director of Communications and Fund Development or delegate. While many staff members speak on behalf of the hospital at times, all media contact is coordinated by the Director to ensure a consistent message.

To speak with someone in the Communications and Fund Development Office, please call 705-549-3181, ext. 2073, or email info@waypointcentre.ca. The office is located on Level 1 of the Administration Building, room A105.

Waypoint Centre for Mental Health Care is a 301-bed fully accredited specialty mental health hospital serving Simcoe County, southern Muskoka/Parry Sound and Dufferin County for our regional programs and entire province of Ontario for our provincial programs.

Located on the beautiful shores of Georgian Bay in the Town of Penetanguishene, Waypoint provides an extensive range of both acute and longer-term psychiatric inpatient and outpatient services. The hospital is recognized internationally for its research and strives to provide exceptional care to those most needing mental health services.

We are a Catholic hospital committed to providing excellence in specialized mental health and additions services grounded in research and education and guided by faith-based values.

As an inspired organization, we will change lives by leading the advancement and delivery of compassionate care.

Caring - we will treat every person with compassionate sensitivity

Respect - We will recognize the inherent worth of every person and treat them with courtesy

Accountability - We will be ethical, transparent and responsible for our actions and results

Innovation - We will be creative and discover and apply new knowledge
SERVICE AREA

Waypoint’s service area includes the counties of Simcoe and Dufferin as well as the town of Parry Sound to Georgian Bay. The northern limit is Hwy 518 from Parry Sound east to Hwy 11. The boundary then follows the Huntsville boundary around to Hwy 60. (Huntsville is just north of the Waypoint service area). The boundary then follows Hwy 60 east to the eastern limit of Muskoka District. The boundary then follows the Muskoka District boundary south to Simcoe County.

NOTE: Waypoint’s four high secure forensic mental health programs: Awenda, Beausoleil, Beckwith and Forensic Assessment are mandated to serve the entire Province.

PSYCHIATRIST-IN-CHIEF

The office of the Psychiatrist-in-Chief is responsible for the recruitment, retention and credentialing of professional staff (physicians, psychiatrists, dentists, NPs) at Waypoint. They also provide medical best practice leadership and are champions for patient safety. As an active promoter of research and academic activities, the office seeks out professional staff who share a passion for learning and teaching.

PATIENT/CLIENT AND FAMILY COUNCIL

All Patient/Client and Family Council staff, volunteers, and board members have personal experience with the mental health or addictions systems, either directly or supporting a loved one. We understand what it is like to live each day being affected by mental illness.

Our number one objective is ensuring that people living with mental illness and addictions have the best quality of life, both within the hospital setting and in the community.

The Council offers resource information, support, and education to service users, providers, and advocates for system improvement both locally and at the broader regional/provincial level.

The Patient/Client and Family Council strives to have a strong voice in the mental health system. We bring the client and family voice to most committees at Waypoint, as well as Regional/Provincial tables when possible.
CLINICAL SUPPORT SERVICES

REHABILITATION SUPPORT SERVICES
PENETANGUISHENE CAMPUS
AND HERO CENTRE, 334 KING ST., MIDLAND

Rehabilitation Services promotes recovery through education, employment, peer support, personal care, social, recreational, community integration and transition from hospital to community. The program works in partnership with clients to increase independence, wellness, purpose, attain personal goals and become active participants in the community. Services are offered within the hospital setting at the Penetanguishene campus and at the HERO Centre (Housing, Employment & Education, Social Recreation, and Our Place Social Club) in Midland.

SPIRITUAL CARE
TOANCHE BUILDING, LEVEL 3
ATRIUM BUILDING, LEVEL 3

Spiritual Care Providers work closely with inter-professional staff to connect spirituality and mental health in the delivery of care. Spiritual Care Services provides dedicated spiritual support and resources to patients, clients, staff and families. Specific Aboriginal needs are addressed by our Aboriginal Healer and other multi-faith needs are addressed by a network of local spiritual resources.

CLINICAL SERVICES

Waypoint’s Regional Programs are committed to serving individuals who have been diagnosed with a complex, serious mental illness who have continuing multiple and complex needs which cannot be met at the primary and secondary levels of service. While these illnesses may be more difficult to treat or manage and may require a higher level of support, the end goal is to transition patients into the community.

The Provincial Forensic Programs offer programs in the high secure units of the hospital. Waypoint is Ontario’s only high secure forensic mental health facility and all of the patients are adult males. The majority of patients come to Waypoint through the court system, while some are detained pursuant to the Mental Health Act of Ontario.

The Provincial Forensic Programs specialize in the treatment and management of patients whose institutional behaviour represents a serious risk to the safety of the patient or to others, and who cannot be safely managed in a less secure hospital environment.

All referrals to our Regional (non-forensic) Programs are received by the Central Intake Office and reviewed by a team of clinicians. The clinicians work collaboratively with the psychiatrist and clinical programs to ensure patients are referred and directed to the most appropriate services.

To contact Central Intake, call 705-549-3181, ext. 2308 or 1 877-341-4729, ext. 2308 or email centralintake@waypointcentre.ca.

Referrals to forensic programs are accepted only through the court system or under the jurisdiction of the Ontario Review Board. Individuals are not admitted directly from the community to these programs.

Provincial Forensic Mental Health programs referrals:
Contact 705.549.3181 ext. 2665.

Regional Forensic Mental Health program referrals:
Contact 705.549.3181 ext. 2312.
ACUTE ASSESSMENT PROGRAM
TOANCHE BUILDING, LEVEL 2
The Acute Assessment Program provides specialized short term crisis intervention, risk assessment, rapid stabilization, symptom reduction and active treatment for people who require more mental health support than can be provided in the community. Treatment is provided by a highly trained interprofessional team of healthcare professionals. The program provides an assessment area as well as an extra care area.

BAYVIEW PROGRAM FOR DUAL DIAGNOSIS
TOANCHE BUILDING, LEVEL 5
The Bayview Program for Dual Diagnosis is a patient-centred specialty care program providing a suite of services to individuals with a developmental disability and mental health needs. Involvement and cooperation of family, caregivers and physicians is encouraged and considered essential in providing a supportive network that meets the patient’s needs.

BREBEUF PROGRAM FOR REGIONAL FORENSICS
ATRIUM BUILDING
The Brébeuf Program is a general forensic program serving the Waypoint catchment area. Services include a 20-bed co-ed inpatient hospital program and outpatient services. The program works with the Ontario Court system and the Ontario Review Board to provide treatment and rehabilitative programs for people who have come into conflict with the law as a result of a serious mental illness.

REGIONAL PROGRAMS

PROVINCIAL FORENSIC PROGRAMS

BECKWITH PROGRAM
UNITS A & B, ATRIUM BUILDING
The Beckwith Program provides care in a high-secure environment to clients predominantly diagnosed with schizophrenia, bipolar disorder, treatment-resistant symptoms and substance abuse challenges. Clients typically require one-on-one treatment. Once clients are more stable, they will move to the Beausoleil program, where they will be prepared for eventual discharge to another forensic mental health program. The program is divided into two programs – A & B.

FORENSIC ASSESSMENT PROGRAM
UNITS A & B, ATRIUM BUILDING
The 40-bed Forensic Assessment Program provides comprehensive, multidisciplinary assessments for each patient admitted from the courts, provincial and federal correctional facilities, and provincial regional psychiatric hospitals. The program provides interdisciplinary assessments, care, management and identification of patients with a serious mental disorder and/or those who pose a significant risk to their self or others. The interdisciplinary assessments examine issues related to fitness to stand trial, criminal responsibility, and potential for future dangerousness, risk, diagnostic clarification, and future treatment potential. The team is comprised of psychiatry, medicine, nursing, psychology, social work, and recreation.
PROVINCIAL FORENSIC PROGRAMS

AWENDA PROGRAM
UNITS A & B, ATRIUM BUILDING

The Awenda Program provides high quality programs for males with a serious mental illness or who may be dually diagnosed, within a highly structured high-secure environment. Activities on the Program are aimed at decreasing risk, eliminating suffering and increasing quality of life. The highly structured daily activities provided are designed to teach and promote socially acceptable behaviours while working on rehabilitation and treatment to stabilize a serious mental illness.

BEAUSOLEIL PROGRAM
UNITS A & B, ATRIUM BUILDING

The Beausoleil Program is focused on meeting the long-term care needs of patients with major mental illness and personality disorder diagnoses. The program provides a flexible environment that gives patients choice and freedom of movement into designated areas. Care focuses on promoting self-understanding, self-esteem, self-determination, self-confidence, independence and optimum quality of life. The team will also work together to promote the development and maintenance or restoration of skills, values and attitudes critical to relationships and to promote learning and the use of problem solving and planning skills.

REGIONAL PROGRAMS

GEORGIANWOOD PROGRAM FOR CONCURRENT DISORDERS
TOANCHE BUILDING, LEVEL 6

The Georgianwood Program is a three-month residential program for people with both a substance use disorder and a mental illness. It is the only specialty integrated residential concurrent disorders program in our region. The curriculum at Georgianwood is based on best-practice recommendations and is fully integrated (i.e. the addiction and the mental illness are treated at the same time by the same team in a cohesive way). Treatment includes cognitive-behavioural therapy for major depression and anxiety disorders, skills training for major mental illnesses such as schizophrenia, Seeking Safety for concurrent post-traumatic stress disorder, relapse prevention, motivational interviewing, and self-help group facilitation (e.g., AA & NA).

HORIZON PROGRAM FOR GERIATRIC PSYCHIATRY
BAYFIELD BUILDING

The Horizon Program for Geriatric Psychiatry serves patients 65 or over with signs and symptoms of a psychiatric disorder, as well as persons under 65 with Alzheimer’s or other dementing illnesses. The program endeavours to provide a safe and secure environment for our patients. The unit features a large day room, a large secured patio area, a dining room and rooms available for therapy, activities and visiting.
HOUSING SERVICES, HERO CENTRE
334 KING ST., MIDLAND
Housing Services works to improve access to safe, affordable housing and supports for people with serious mental illness. Having a healthy stable place to live is an important part of your recovery. We provide...

- Housing resources
- Homes for Special Care Program (Ministry of Health)
- Road to Recovery Program (for current Waypoint inpatients)

OUTPATIENT SERVICES
1156 ST. ANDREWS DR., MIDLAND
Outpatient Services is a community based program operating on principles and values of psychosocial rehabilitation and recovery philosophy. The program serves people living within North Simcoe who experience serious mental illness and request treatment, support and advocacy, have had an acute psychiatric admission requiring follow-up, and have mild to moderate symptoms of mental illness but have not been linked with the formal system. Outpatient Services provides case management services, family/significant other involvement, spiritual care groups, metabolic clinic, treatment rehabilitation, pharmacy service, psychiatric consultation and shared care services.

REGIONAL PROGRAMS

SANS SOUCI PROGRAM FOR TRANSITION AND RECOVERY
TOANCHE BUILDING, LEVEL 4
The Sans Souci Program specializes in the care of individuals with a severe and persistent mental illness. Diagnostically, it includes schizophrenia or schizoaffective disorders, affective disorders including bipolar disorder and unipolar depression, and various disorders with an organic origin. The goal of transition and recovery is to ensure that the person with a serious psychiatric disability possesses those physical, emotional and intellectual skills needed for him/her to live, learn, work and socialize in his/her own particular environment. The program provides in-hospital and community based treatment and rehabilitation.

WAYPOINT DOES NOT PROVIDE EMERGENCY SERVICE

For immediate assistance please go to your hospital emergency department, call 911, or call the CMHA Simcoe County Mental Health Crisis Line at 705-728-5044. Toll free: 1-888-893-8333